

In the 1st Joyful Mystery, we read and we meditate undisturbed:

(A 6 – Friar M.M.M.)



“The Annunciation of the Angel Gabriel to Mary”...

FROM THE GOSPEL ACCORDING TO - LUKE -:

“[The angel Gabriel], entering to her, said: ‘Rejoice, O you who are full of grace! The Lord is with you.’ At these words, she was very troubled, and she asked herself what the meaning of such a greeting might be.” (Luke 1:28-29)¹

MEDITATION ON THE MYSTERY:

What have you *ANNOUNCED* to us today, Lord? What is the meaning of that announcement? And if we have understood it, are we prepared like Mary to say ‘Yes’? (SLC, p. 60)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to announcements, the “Imitation of Christ” says: *“The Lord says, I have instructed my prophets from the beginning and even to the present time I have not stopped speaking to all men, but many are deaf and obstinate in response. Many hear the world more easily than they hear God...”*

(The Imitation of Christ III,3, in: Off. of Read., Mon. Week XXII O.T.)

¹ from the Italian Jerusalem Bible (CEI) 2008, unpublished translation by pfgsm

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ...”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...